

51 Solving problems

You can use the first conditional with an imperative to give people practical instructions or advice, such as how to solve problems or improve their lifestyle.

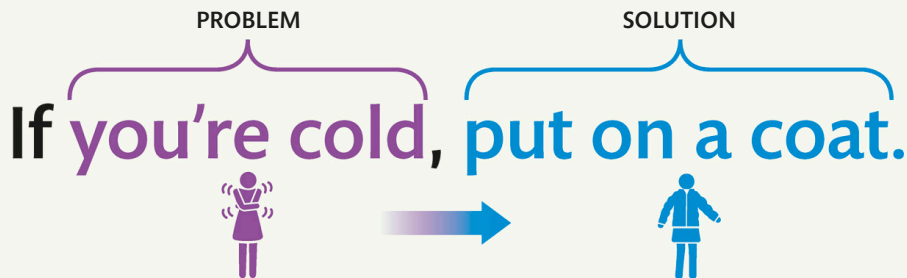
⚙️ **New language** First conditional with imperative

Aa **Vocabulary** Health and wellbeing

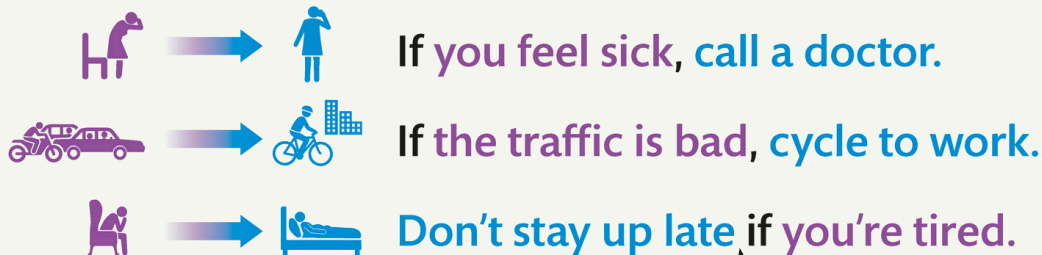
🧑 **New skill** Giving advice and instructions

51.1 KEY LANGUAGE FIRST CONDITIONAL WITH IMPERATIVE

In first conditional sentences, you can use an imperative instead of the future with “will.” This makes the sentence an instruction or a suggestion instead of a prediction about the future.



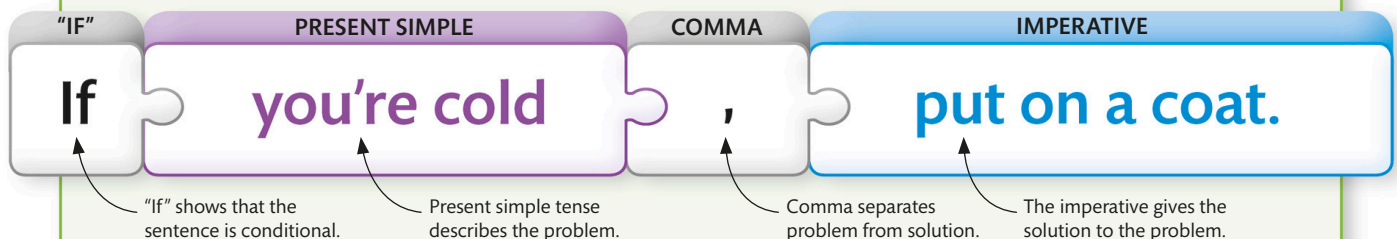
51.2 FURTHER EXAMPLES FIRST CONDITIONAL WITH IMPERATIVE



Leave the comma out of sentences that start with the imperative.

51.3 HOW TO FORM FIRST CONDITIONAL WITH IMPERATIVE

Use “if” followed by the present simple to describe a problem. The imperative gives the solution to the problem.





51.4 MATCH THE BEGINNINGS OF THE SENTENCES TO THE CORRECT ENDINGS

If you get lost,

if you need some fresh air.

1 Open the window

tell him I tried to call him.

2 If you get too cold,

if you go out this afternoon.

3 If you see Malik,

ask someone for directions.

4 Remember to lock the door

turn on the heating.



51.5 REWRITE THE SENTENCES, CORRECTING THE ERRORS

If you'll be thirsty, drink more water.

If you're thirsty, drink more water.

3 Help yourself if you wanted some more food.

1 You don't like your job, look for a new one.

4 If you need to talk to someone call me.

2 If you like those shoes, to buy them.

5 Take a break you feel stressed.



51.6 LISTEN TO THE AUDIO AND ANSWER THE QUESTIONS



Tanya is talking to her father about selling her house.

Tanya's father offers to give her money.

True ☒ False ☐

3 Tanya doesn't offer her father her furniture.

True ☐ False ☐

1 Tanya says her plan will make her happy.

True ☐ False ☐

4 Tanya doesn't want a simpler life.

True ☐ False ☐

2 Tanya will sell all her furniture.

True ☐ False ☐

5 Tanya's father supports her plan.

True ☐ False ☐



YOUR HEALTH

How to Live a Simpler Life

Do you work too hard in order to maintain your lifestyle? Read this guide!

1 If you are always working, take some time off to think, reflect, and enjoy your surroundings.

2 If you can't take time off and you're stressed at work, think about what tasks you can delegate to your colleagues. You don't have to do all the work yourself.

3 If you want to feel calmer, slow your pace! Plan your day carefully and don't do too much.

4 If you're constantly checking your emails or smartphone when you're at home, stop it. You'll feel much more relaxed if you read a book or listen to some music instead.

5 If you have too many possessions, sell them or give them away. You won't notice that they have gone!

6 If you live in a large house and don't really need to, consider downsizing and buying a smaller one.

What should you do if you work all the time?

- Go on vacation** ☐
Take some time off ☒
Leave your job ☐

1 What should you do if you're stressed and can't take time off work?

- Talk to your boss** ☐
Call in sick ☐
Ask your colleagues to help you ☐

2 What should you do if you want to feel calmer?

- Plan your day carefully** ☐
Go running ☐
Try to keep busy ☐

3 What should you do if you're always checking your smartphone?

- Throw it away** ☐
Read a book ☐
Email a friend ☐

4 What should you do if you have too many possessions?

- Get rid of some of them** ☐
Buy extra storage ☐
Move to a bigger house ☐

5 What should you do if you have a bigger house than you need?

- Rent it to someone** ☐
Buy more things ☐
Buy a smaller house ☐

51.8 MATCH THE DEFINITIONS TO THE WORDS AND PHRASES

	to do things more slowly	your surroundings
1	the things you own	to delegate tasks
2	the area around you	constantly
3	to move to a smaller home	to slow your pace
4	to give work to other people	possessions
5	all the time	to downsize



51.9 USE THE FIRST CONDITIONAL WITH AN IMPERATIVE TO GIVE ADVICE FOR EACH SITUATION, SPEAKING OUT LOUD

Nadia says she's always tired in the morning. Tell her to go to bed earlier.

If you're always tired in the morning, go to bed earlier.



- 1 Fred is stressed at work. Tell him to go for a walk during his lunch break.



- 2 Jeremy is always checking his emails. Tell him to turn off his smartphone.



- 3 Rima sees a new car that she likes. Tell her to buy it.



- 4 Sandra says she's lonely. Tell her to visit you this weekend.



51 ✓ CHECKLIST



First conditional with imperative ☐



Health and wellbeing ☐



Giving advice and instructions ☐